

WHY SHOULD WE VISIT SCHOOLS?

- Students are more likely to go into a career that they have seen modeled. Some student groups may never have a role model who is in medicine or who looks like them.
- African Americans, Hispanic Americans, and Native Americans make up nearly a quarter of the U.S. population today and are expected to make up a third of the population within 30 years— but only 7 percent of physicians and 6 percent of medical school faculty members are from one of these underrepresented groups.
- Think outside the box - you can also speak to a church/religious group, after school program, or extracurricular program.

How to Get Started

- If you have school-age children, offer to talk at your children's school; or, your children's school may request a visit since they know you are a physician.
- This is intended to provide you with some tools to utilize if an opportunity to make a presentation is available.
- Things to think about if you are making a presentation:
 - What grade will you visit?
 - When will you visit?
 - How much time are they giving you to speak?
 - How many students will be included?
 - Is it ok to bring props and take-home items?
 - Are handouts for families allowed?



What to talk about

- We have prepared a toolkit for grades K-3, 4-7, and 8-12 on why Family Medicine/primary care is important, heart health, and healthy eating.

Props and Handouts

Some ideas for take-home items for students:

- Stickers (could use labels and print “future family physician, Dr. ____”)
- Surgical masks
- Hand sanitizer (travel sizes are at Dollar stores or Amazon)
- Each toolkit contains links to some take home worksheets

Packing Checklists

Don't forget to:

- Prep your presentation
- Bring your examination props
- Bring take home items if you choose
- Print handouts or teaching images