

2025 Winter Family Physicians Weekend Annual Conference & Exhibition
Wednesday, December 3 – Sunday, December 7, 2025 - The Omni Grove Park Inn
TENTATIVE SCHEDULE OF EVENTS – SUBJECT TO CHANGE WITHOUT NOTICE – AS OF AUGUST 20, 2025

Wednesday, December 3, 2025

- 2:00 pm – 8:00 pm Registration Desk Opens
- 3:00 pm – 7:00 pm Optional KSA Workshop: Care of Children**
Jonathon Firnhaber, MD
- 4:00 pm – 7:30 pm Exhibitor Reg & Set Up

Thursday, December 4, 2025

- 7:00 am – 5:00 pm Registration Desk Open
- 7:00 am – 7:45 am Breakfast in the Exhibit Hall
- 7:45 am – 8:00 am Welcome & Introductions**
President – Mark McNeill, MD
Program Chair – Katherine Haga, DO
Program Vice-Chair – Amir Barzin, DO
- 8:00 am – 9:00 am Best Practices to Beat the Cardio-Renal Metabolic Triad**
Eugene Wright, MD
- 9:00 am – 10:00 am A Focus on Family Physicians in the Care of Patients with HIV**
Ada Stewart, MD & Florence Momplaisir, MD, MSHP
- 10:00 am – 10:30 am *Break in the Exhibit Hall*
- 10:30 am – 11:30 am Bridging Community: Collaborative Efforts in Early Detection and Intervention for Alzheimer's Disease**
Ariel Cole, MD & Paul Schulz, MD
- 11:30 am – 12:30 pm Overcoming Obesity: A Family Physician's Guide to Comprehensive Obesity Care**
Amal Othman, MD, Dipl. ABOM, FOMA
- 12:45 pm – 1:45 pm *Optional Non-CME Satellite Lunch Program with Novo Nordisk*
- 2:00 pm – 2:45 pm Difficult-to-Control Diabetes: Consider Hypercortisolism**
Steven Brunton, MD
- 2:45 pm – 3:30 pm What's New Around the Corner in CGM**
Lily Trout, MD
- 3:30 pm – 3:45 pm *Afternoon Break*
- 3:45 pm – 4:30 pm Chronic Pain: A Review of Non-Opioid Chronic Pain Management**
Blake Fagan MD
- 4:30 pm – 5:15 pm As the Sun Rises | Highlighting Rural Health in North Carolina**
Sarah Walker-McGill, MD, Thomas White, MD, & Karen Smith, MD

2025 Winter Family Physicians Weekend Annual Conference & Exhibition
Wednesday, December 3 – Sunday, December 7, 2025 - The Omni Grove Park Inn
TENTATIVE SCHEDULE OF EVENTS – SUBJECT TO CHANGE WITHOUT NOTICE – AS OF AUGUST 20, 2025

5:15 pm	General Sessions Adjourn
5:30 pm – 7:00 pm	90 Min Optional CME Workshop: Back to Basics: Reclaiming Skin Procedures in Family Medicine Brian Rayala, MD
8:15 pm – 10:30 pm	Biltmore House Candlelight Tour

Friday, December 5, 2025

<i>7:00 am – 4:45 pm</i>	<i>Registration Desk Open</i>
<i>7:30 am – 8:00 am</i>	<i>Breakfast in the Exhibit Hall</i>
8:00 am – 9:00 am	New and Emerging Approaches for Treating VMS Associated with Menopause Rebecca Kasper, MD
9:00 am – 10:00 am	Political Panel Discussion - Senator Amy Galey - Senator Benton Sawrey - Senator Julie Mayfield - Representative Timothy Reeder, MD
<i>10:00 am – 10:30 am</i>	<i>Break in the Exhibit Hall</i>
<i>10:30 am – 10:45 am</i>	<i>Distinguished Family Physician of the Year Award Presentation</i>
10:45 am – 11:45 am	Steatotic Liver Disease: A Practical Approach for the Family Physician (Why It Matters, What's New, What to Do) Thomas White, MD
<i>12:00 pm – 1:30 pm</i>	<i>State of the Academy & Awards Lunch</i>
<i>1:30 pm – 2:00 pm</i>	<i>Desserts in the Exhibit Hall</i>
<i>1:30 pm – 2:00 pm</i>	<i>Meet with Research Poster Presenters Opportunity</i>
2:00 pm – 2:45 pm	The Lipid Landscape in 2025 Kathleen Barnhouse, MD
2:45 pm – 3:30 pm	Neuromuscular Disorders in Primary Care: Practical Updates and Management Strategies Shaida Khan, DO

2025 Winter Family Physicians Weekend Annual Conference & Exhibition
Wednesday, December 3 – Sunday, December 7, 2025 - The Omni Grove Park Inn
TENTATIVE SCHEDULE OF EVENTS – SUBJECT TO CHANGE WITHOUT NOTICE – AS OF AUGUST 20, 2025

Concurrent with General Sessions:

3:15 pm – 6:15 pm Optional CPP Seminar: Keeping It Real: Practical Tips For Your Practice

3:15 pm – 3:30 pm – Check-In & Arrivals

3:30 pm – 4:15 pm – General Coding Update – Coding for Today

Michael Hoben, MD

4:15 pm – 5:00 pm – Practice Finance for Independent & Employed Physicians

Chris Weathington & Terri Roberts

5:00 pm – 5:15 pm – 15 Minute Stretch Break

5:15 pm – 6:15 pm – Tips for Building Your Survival Network in Practice

Allen Dobson, MD & Toria Knox MD

3:30 pm – 4:15 pm ANA in Family Medicine: Screening, Diagnosis, and Management

Amit Patel, MD

4:15 pm – 5:00 pm Heads Up: Evaluating Concussions in Primary Care

Shawn Kane, MD

5:00 pm General Sessions Adjourn

5:15 pm – 6:45 pm 90 min Optional CME Workshop: Women’s Health Potpourri

Kelley Lawrence, MD

& Narges Farahi MD

Saturday, December 6, 2025

7:00 am – 4:45 pm Registration Desk Open

7:30 am – 8:00 am Breakfast in Exhibit Hall

7:30 am – 8:00 am Meet with Research Poster Presenters Opportunity

8:00 am – 8:45 am RSV Primary Care at the Center of RSV Prevention: Community-Focused Strategies to Foster Trust and Vaccine Acceptance

Angela Branche, MD, FIDSA

8:45 am – 9:15 am ABFM Update

Warren Newton, MD

9:15 am – 10:00 am Rethinking Uncomplicated UTIs: A Comprehensive Review of Diagnosis, Management, & Novel & Emerging Treatment Options

Richard W. Lord, Jr., MD, MA

10:00 am to 4:30 pm Optional CME Workshop: Interactive UTI Management

15 Min Sessions - Drop-In

10:00 am – 10:30 am Break in the Exhibit Hall

10:30 am – 10:45 am Degree of Fellow Convocation Ceremony – *Main Stage*

2025 Winter Family Physicians Weekend Annual Conference & Exhibition
Wednesday, December 3 – Sunday, December 7, 2025 - The Omni Grove Park Inn
TENTATIVE SCHEDULE OF EVENTS – SUBJECT TO CHANGE WITHOUT NOTICE – AS OF AUGUST 20, 2025

10:45 am – 11:30 am **Bipolar Redux: Emphasis on Bipolar II and What’s New in Antidepressants?**
Sloan Manning, MD

11:30 am – 12:00 pm **Adult ADHD: Unmasking the Illness**
Lisa Cassidy Vu, MD

12:00 pm – 12:30 pm **Burning Questions: GERD Risks, PPIs, and What Comes Next**
Regina Bray Brown, DO

*12:45pm – 1:45 pm **OPTIONAL Non-CME Networking Lunch – “Health Heros Roundtables”***

2:00 pm – 2:45 pm **Pediatric GI**
Jennifer Roper, MD

2:30 pm – 5:00 pm	Optional Resident Workshop & Career Fair
--------------------------	---

2:45 pm – 3:00 pm **AAFP Update (*non CME*)**
Tochi Ioku Malize, MD

3:00 pm – 3:45 pm **Paths Forward for Primary Care in North Carolina**
Dev Sangvai, MD, JD, MBA

3:45 pm – 4:30 pm **Pediatric Urgent/Emergent Conditions**
Jonathon Firnhaber, MD

4:30 pm **General Sessions Adjourn**

6:30 pm – 10:30 pm **Presidential Gala**

Sunday, December 7, 2025

7:30 am – 12:15 pm **Registration Desk Open**

7:30 am – 8:00 am **Continental Breakfast**

8:00 am – 9:00 am **Hypertensive Disease in Pregnancy**
Keli Beck Jones, MD

9:00 am – 9:30 am **Perinatal substance use/use disorders**
Amy Marietta, MD, MPH, FAAFP

9:30 am – 9:45 am **Short Break in Foyer**

9:45 am – 10:15 am **Lung Cancer Update**
Ricardo Valdivia

10:15 am – 11:00 am **Climate Change in Healthcare**

2025 Winter Family Physicians Weekend Annual Conference & Exhibition
Wednesday, December 3 – Sunday, December 7, 2025 - The Omni Grove Park Inn
TENTATIVE SCHEDULE OF EVENTS – SUBJECT TO CHANGE WITHOUT NOTICE – AS OF AUGUST 20, 2025

Jenn Runkle, PhD

11:00 am – 11:30 am Rapid Fire: Top 10 Best Family Medicine Studies of 2025
Jessica Triche, MD

11:30 am Conference Adjourn