



## The Value of The Patient-Centered Medical Home

The Patient-Centered Medical Home is all about you, the patient! You become an active participant in your own health care and are treated by your own personal Family Physician. Your Family Physician coordinates and delivers all aspects of your preventive, acute and chronic care by using the most current medical information and the latest technology. Five (5) factors make family medicine's Patient-Centered Medical Home unique in addressing the complete health care needs of you and your family:

- 1) **Healthcare Designed for YOU** - The health care you receive is individualized, and designed for your unique needs. Your Family Physician is specially trained to earn your trust through clear and open communication and to design health care specifically for your needs (and your family's).
- 2) **Comprehensive** - Family Physicians deliver a complete range of health care services, including diagnosing and treating acute sicknesses, managing chronic conditions, offering routine checkups and immunizations, and providing guidance on maintaining a healthy lifestyle. They also work on your behalf with other providers and specialists as unique needs arise. Family Physicians provide the most comprehensive primary health care available today for both you and your family.
- 3) **High Tech & High Quality** - Family Physicians increasingly rely on modern computer technology like electronic health records to keep your complete health information at their fingertips. This helps them locate and share critical information faster with improved accuracy. This reduces medical errors and improves quality.
- 4) **Builds a Health Care Team** - Your Family Physician is at the center of your personal health care team and works to coordinate your care when needed, guides and advises you individually on hospital care, mental health services, pharmacy and maternity care, and communicates with other providers (specialists, surgeons, etc.) to ensure your unique health care needs are met. This team-based approach is unique and highly effective.
- 5) **Convenient** - Your Family Medicine practice is designed to provide you with enhanced availability to your doctors when you need them. In addition to your routine appointments, Family Physicians can often treat you immediately when needs arise, are available after-hours for advice, and in some cases, use online methods to communicate with you. Think of it as improved convenience and accessibility with less hassle.

